



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Rapunzel-Racer

Total time: 15:44:10

Number: 208

Speed: 10.68 km/h

Running performance: 5:35 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 164 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 124(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:36:31	5:29	121	31:07	162	31:07	17.60	1:36:31	5:29	121	31:07	162	31:07
Schildwiese	18.58	1:31:55	4:56	74	26:06	99	26:06	36.18	3:08:26	5:12	101	57:13	131	57:13
Neuhaus	13.54	1:28:29	6:32	139	35:58	210	35:58	49.72	4:36:55	5:34	124	1:32:53	165	1:32:53
Masserberg	19.86	2:04:12	6:15	132	47:41	209	47:41	69.58	6:41:07	5:45	135	2:20:23	193	2:20:23
Allzunah	17.89	1:26:38	4:50	33	19:06	50	19:06	87.47	8:07:45	5:34	122	2:37:20	160	2:37:20
Grenzadler	19.96	1:49:45	5:29	123	35:31	184	35:31	107.43	9:57:30	5:33	124	3:09:00	169	3:09:00
Neue Ausspanne	13.68	1:16:46	5:36	105	27:42	135	27:42	121.11	11:14:16	5:34	125	3:36:42	165	3:36:42
Kleiner Inselsber	13.90	1:18:22	5:38	110	29:06	143	29:06	135.01	12:32:38	5:34	122	4:02:18	162	4:02:18
Hohe Sonne	18.94	1:57:26	6:12	132	50:57	204	50:57	153.95	14:30:04	5:39	129	4:51:25	178	4:51:25
Hörschel	15.02	1:14:06	4:56	49	22:13	66	22:13	168.97	15:44:10	5:35	124	5:13:38	164	5:13:38