



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

X-Runners 1

Total time: 10:32:31

Number: 104

Speed: 15.94 km/h

Running performance: 3:44 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 2 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 2(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:05:24	3:42	1	-	1	-	17.60	1:05:24	3:42	1	-	1	-
Schildwiese	18.58	1:05:49	3:32	1	-	1	-	36.18	2:11:13	3:37	1	-	1	-
Neuhaus	13.54	52:49	3:54	2	0:18	2	0:18	49.72	3:04:02	3:42	1	-	1	-
Masserberg	19.86	1:16:42	3:51	2	0:11	2	0:11	69.58	4:20:44	3:44	1	-	1	-
Allzunah	17.89	1:09:41	3:53	3	2:09	3	2:09	87.47	5:30:25	3:46	1	-	1	-
Grenzadler	19.96	1:18:05	3:54	6	3:51	7	3:51	107.43	6:48:30	3:48	1	-	1	-
Neue Ausspanne	13.68	49:04	3:35	1	-	1	-	121.11	7:37:34	3:46	1	-	1	-
Kleiner Inselsber	13.90	52:46	3:47	4	3:30	4	3:30	135.01	8:30:20	3:46	1	-	1	-
Hohe Sonne	18.94	1:08:55	3:38	2	2:26	3	2:26	153.95	9:39:15	3:45	2	0:36	2	0:36
Hörschel	15.02	53:16	3:32	3	1:23	3	1:23	168.97	10:32:31	3:44	2	1:59	2	1:59