



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Sömmerdarer Gipfelstürmer

Total time: 12:21:28

Number: 207

Speed: 13.59 km/h

Running performance: 4:23 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 14 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 11(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Grumbach	17.60	1:22:30	4:41	33	17:06	49	17:06	17.60	1:22:30	4:41	33	17:06	49	17:06
Schildwiese	18.58	1:18:56	4:14	16	13:07	25	13:07	36.18	2:41:26	4:27	18	30:13	27	30:13
Neuhaus	13.54	58:48	4:20	9	6:17	9	6:17	49.72	3:40:14	4:25	12	36:12	16	36:12
Masserberg	19.86	1:33:51	4:43	31	17:20	43	17:20	69.58	5:14:05	4:30	15	53:21	19	53:21
Allzunah	17.89	1:24:31	4:43	25	16:59	38	16:59	87.47	6:38:36	4:33	16	1:08:11	20	1:08:11
Grenzadler	19.96	1:20:16	4:01	12	6:02	15	6:02	107.43	7:58:52	4:27	15	1:10:22	19	1:10:22
Neue Ausspanne	13.68	58:40	4:17	18	9:36	19	9:36	121.11	8:57:32	4:26	14	1:19:58	17	1:19:58
Kleiner Inselsber	13.90	1:03:06	4:32	24	13:50	29	13:50	135.01	10:00:38	4:26	14	1:30:18	18	1:30:18
Hohe Sonne	18.94	1:21:04	4:16	13	14:35	20	14:35	153.95	11:21:42	4:25	14	1:43:03	17	1:43:03
Hörschel	15.02	59:46	3:58	10	7:53	11	7:53	168.97	12:21:28	4:23	11	1:50:56	14	1:50:56