



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Long Iceland Ice Tea

Number: 176

Course: 168.97 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 15:51:39

Speed: 10.59 km/h  
Running performance: 5:38 min/km

Rank in course: 172 (of 228)

Best time in course: 10:30:32

Rank in category: 128(of 145)

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:29:34	5:05	87	24:10	114	24:10	17.60	1:29:34	5:05	87	24:10	114	24:10
Schildwiese	18.58	1:39:00	5:19	113	33:11	152	33:11	36.18	3:08:34	5:12	102	57:21	132	57:21
Neuhaus	13.54	1:25:42	6:19	134	33:11	198	33:11	49.72	4:34:16	5:30	120	1:30:14	155	1:30:14
Masserberg	19.86	1:41:53	5:07	62	25:22	86	25:22	69.58	6:16:09	5:24	105	1:55:25	133	1:55:25
Allzunah	17.89	1:36:40	5:24	91	29:08	121	29:08	87.47	7:52:49	5:24	101	2:22:24	128	2:22:24
Grenzadler	19.96	1:51:35	5:35	127	37:21	190	37:21	107.43	9:44:24	5:26	107	2:55:54	140	2:55:54
Neue Ausspanne	13.68	1:08:56	5:02	64	19:52	76	19:52	121.11	10:53:20	5:23	105	3:15:46	129	3:15:46
Kleiner Inselsber	13.90	1:46:46	7:40	144	57:30	227	57:30	135.01	12:40:06	5:37	128	4:09:46	170	4:09:46
Hohe Sonne	18.94	1:43:53	5:29	101	37:24	152	37:24	153.95	14:23:59	5:36	126	4:45:20	171	4:45:20
Hörschel	15.02	1:27:40	5:50	119	35:47	172	35:47	168.97	15:51:39	5:37	128	5:21:07	173	5:21:07