



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Flachlandläufer

Total time: 16:31:46

Number: 532

Speed: 10.16 km/h

Running performance: 5:52 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 206 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 56(of 70)

Mixstaffel

Best time in the category: 11:22:39

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:39:37	5:39	46	29:52	181	34:13	17.60	1:39:37	5:39	46	29:52	229	34:13
Schildwiese	18.58	2:00:46	6:29	68	48:57	224	54:57	36.18	3:40:23	6:05	64	1:17:14	229	1:29:10
Neuhaus	13.54	1:20:59	5:58	41	21:57	167	28:28	49.72	5:01:22	6:03	63	1:37:54	229	1:57:20
Masserberg	19.86	2:01:26	6:06	63	42:48	199	44:55	69.58	7:02:48	6:04	65	2:19:08	229	2:42:04
Allzunah	17.89	1:52:24	6:16	57	41:10	200	44:52	87.47	8:55:12	6:07	65	2:53:34	229	3:24:47
Grenzdler	19.96	2:00:47	6:03	68	44:42	218	46:33	107.43	10:55:59	6:06	66	3:36:37	229	4:07:29
Neue Ausspanne	13.68	1:12:15	5:16	12	14:19	95	23:11	121.11	12:08:14	6:00	65	3:50:56	229	4:30:40
Kleiner Inselsber	13.90	1:17:20	5:33	23	21:14	130	28:04	135.01	13:25:34	5:58	65	4:12:10	229	4:55:14
Hohe Sonne	18.94	1:36:28	5:05	26	27:39	98	29:59	153.95	15:02:02	5:51	57	4:39:49	229	5:23:23
Hörschel	15.02	1:29:44	5:58	47	32:19	183	37:51	168.97	16:31:46	5:52	57	5:09:07	207	6:01:14