



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 16:45:53

Number: 133

Speed: 10.02 km/h

Running performance: 5:57 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 212 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 144(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:36:23	5:28	120	30:59	161	30:59	17.60	1:36:23	5:28	120	30:59	161	30:59
Schildwiese	18.58	1:36:23	5:11	104	30:34	139	30:34	36.18	3:12:46	5:19	111	1:01:33	148	1:01:33
Neuhaus	13.54	1:27:25	6:27	138	34:54	205	34:54	49.72	4:40:11	5:38	131	1:36:09	176	1:36:09
Masserberg	19.86	2:21:59	7:08	144	1:05:28	227	1:05:28	69.58	7:02:10	6:04	142	2:41:26	216	2:41:26
Allzunah	17.89	1:42:22	5:43	110	34:50	149	34:50	87.47	8:44:32	5:59	140	3:14:07	210	3:14:07
Grenzadler	19.96	1:55:03	5:45	134	40:49	200	40:49	107.43	10:39:35	5:57	145	3:51:05	216	3:51:05
Neue Ausspanne	13.68	1:22:06	6:00	129	33:02	176	33:02	121.11	12:01:41	5:57	145	4:24:07	217	4:24:07
Kleiner Inselsber	13.90	1:17:42	5:35	103	28:26	134	28:26	135.01	13:19:23	5:55	145	4:49:03	212	4:49:03
Hohe Sonne	18.94	1:46:13	5:36	112	39:44	168	39:44	153.95	15:05:36	5:52	143	5:26:57	209	5:26:57
Hörschel	15.02	1:40:17	6:40	142	48:24	218	48:24	168.97	16:45:53	5:57	144	6:15:21	213	6:15:21