



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

RUNSTER

Total time: 16:08:00

Number: 183

Speed: 10.41 km/h

Running performance: 5:44 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 190 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 138(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:33:51	5:19	115	28:27	152	28:27	17.60	1:33:51	5:19	115	28:27	152	28:27
Schildwiese	18.58	1:44:37	5:37	130	38:48	186	38:48	36.18	3:18:28	5:29	126	1:07:15	171	1:07:15
Neuhaus	13.54	1:29:54	6:38	141	37:23	215	37:23	49.72	4:48:22	5:47	139	1:44:20	198	1:44:20
Masserberg	19.86	1:43:07	5:11	69	26:36	96	26:36	69.58	6:31:29	5:37	126	2:10:45	172	2:10:45
Allzunah	17.89	1:35:31	5:20	81	27:59	109	27:59	87.47	8:07:00	5:34	121	2:36:35	159	2:36:35
Grenzadler	19.96	1:48:33	5:26	118	34:19	171	34:19	107.43	9:55:33	5:32	120	3:07:03	161	3:07:03
Neue Ausspanne	13.68	1:16:12	5:34	101	27:08	128	27:08	121.11	11:11:45	5:32	122	3:34:11	160	3:34:11
Kleiner Inselsber	13.90	1:23:20	5:59	129	34:04	184	34:04	135.01	12:35:05	5:35	125	4:04:45	166	4:04:45
Hohe Sonne	18.94	1:57:25	6:11	131	50:56	203	50:56	153.95	14:32:30	5:40	131	4:53:51	182	4:53:51
Hörschel	15.02	1:35:30	6:21	138	43:37	208	43:37	168.97	16:08:00	5:43	138	5:37:28	191	5:37:28