



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Stiftung Wadentest

Number: 164

Course: 168.97 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 16:01:34

Speed: 10.48 km/h
Running performance: 5:41 min/km

Rank in course: 180 (of 228)

Best time in course: 10:30:32

Rank in category: 134(of 145)

Best time in the category: 10:30:32

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:40:22	5:42	132	34:58	184	34:58	17.60	1:40:22	5:42	132	34:58	184	34:58
Schildwiese	18.58	1:30:16	4:51	66	24:27	90	24:27	36.18	3:10:38	5:16	107	59:25	139	59:25
Neuhaus	13.54	1:21:11	5:59	121	28:40	169	28:40	49.72	4:31:49	5:28	115	1:27:47	148	1:27:47
Masserberg	19.86	1:56:01	5:50	118	39:30	176	39:30	69.58	6:27:50	5:34	120	2:07:06	158	2:07:06
Allzunah	17.89	1:50:16	6:09	128	42:44	187	42:44	87.47	8:18:06	5:41	131	2:47:41	180	2:47:41
Grenzadler	19.96	1:39:10	4:58	77	24:56	110	24:56	107.43	9:57:16	5:33	123	3:08:46	168	3:08:46
Neue Ausspanne	13.68	1:23:59	6:08	134	34:55	190	34:55	121.11	11:21:15	5:37	130	3:43:41	174	3:43:41
Kleiner Inselsber	13.90	1:21:37	5:52	122	32:21	174	32:21	135.01	12:42:52	5:39	132	4:12:32	178	4:12:32
Hohe Sonne	18.94	2:04:29	6:34	138	58:00	213	58:00	153.95	14:47:21	5:45	136	5:08:42	191	5:08:42
Hörschel	15.02	1:14:13	4:56	51	22:20	68	22:20	168.97	16:01:34	5:41	134	5:31:02	181	5:31:02