



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Laufgruppe Wassersuppe

Total time: 13:27:34

Number: 212

Speed: 12.48 km/h

Running performance: 4:47 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 32 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 23(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:16:06	4:19	13	10:42	17	10:42	17.60	1:16:06	4:19	13	10:42	17	10:42
Schildwiese	18.58	1:19:00	4:15	17	13:11	26	13:11	36.18	2:35:06	4:17	13	23:53	18	23:53
Neuhaus	13.54	1:00:50	4:29	15	8:19	17	8:19	49.72	3:35:56	4:20	10	31:54	12	31:54
Masserberg	19.86	1:28:26	4:27	15	11:55	24	11:55	69.58	5:04:22	4:22	11	43:38	14	43:38
Allzunah	17.89	1:21:55	4:34	21	14:23	27	14:23	87.47	6:26:17	4:24	11	55:52	15	55:52
Grenzadler	19.96	1:23:47	4:11	16	9:33	23	9:33	107.43	7:50:04	4:22	12	1:01:34	15	1:01:34
Neue Ausspanne	13.68	1:05:08	4:45	39	16:04	44	16:04	121.11	8:55:12	4:25	13	1:17:38	16	1:17:38
Kleiner Inselsber	13.90	1:01:14	4:24	19	11:58	24	11:58	135.01	9:56:26	4:25	13	1:26:06	15	1:26:06
Hohe Sonne	18.94	1:19:33	4:12	12	13:04	18	13:04	153.95	11:15:59	4:23	13	1:37:20	16	1:37:20
Hörschel	15.02	2:11:35	8:45	145	1:19:42	228	1:19:42	168.97	13:27:34	4:46	23	2:57:02	32	2:57:02