



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

X-Runners 2

Number: 100

Course: 168.97 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 13:23:13

Speed: 12.55 km/h
Running performance: 4:45 min/km

Rank in course: 29 (of 228)
Best time in course: 10:30:32

Rank in category: 21(of 145)
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:28:41	5:02	82	23:17	108	23:17	17.60	1:28:41	5:02	82	23:17	108	23:17
Schildwiese	18.58	1:31:14	4:54	69	25:25	93	25:25	36.18	2:59:55	4:58	77	48:42	98	48:42
Neuhaus	13.54	1:05:06	4:48	27	12:35	32	12:35	49.72	4:05:01	4:55	52	1:00:59	64	1:00:59
Masserberg	19.86	1:34:36	4:45	36	18:05	49	18:05	69.58	5:39:37	4:52	39	1:18:53	51	1:18:53
Allzunah	17.89	1:20:09	4:28	16	12:37	21	12:37	87.47	6:59:46	4:47	27	1:29:21	36	1:29:21
Grenzadler	19.96	1:28:54	4:27	26	14:40	36	14:40	107.43	8:28:40	4:44	28	1:40:10	37	1:40:10
Neue Ausspanne	13.68	1:00:56	4:27	22	11:52	23	11:52	121.11	9:29:36	4:42	24	1:52:02	31	1:52:02
Kleiner Inselsber	13.90	1:03:22	4:33	26	14:06	31	14:06	135.01	10:32:58	4:41	22	2:02:38	29	2:02:38
Hohe Sonne	18.94	1:37:16	5:08	75	30:47	105	30:47	153.95	12:10:14	4:44	22	2:31:35	31	2:31:35
Hörschel	15.02	1:12:59	4:51	43	21:06	58	21:06	168.97	13:23:13	4:45	21	2:52:41	29	2:52:41