



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

DKB Rennsteigexpress

Total time: 13:22:56

Number: 106

Speed: 12.55 km/h

Running performance: 4:45 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 27 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 19(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:38	5:08	97	25:14	128	25:14	17.60	1:30:38	5:08	97	25:14	128	25:14
Schildwiese	18.58	1:23:03	4:28	31	17:14	45	17:14	36.18	2:53:41	4:48	48	42:28	64	42:28
Neuhaus	13.54	1:05:07	4:48	28	12:36	33	12:36	49.72	3:58:48	4:48	33	54:46	41	54:46
Masserberg	19.86	1:33:01	4:41	28	16:30	40	16:30	69.58	5:31:49	4:46	28	1:11:05	37	1:11:05
Allzunah	17.89	1:22:08	4:35	22	14:36	28	14:36	87.47	6:53:57	4:43	22	1:23:32	28	1:23:32
Grenzadler	19.96	1:31:17	4:34	38	17:03	53	17:03	107.43	8:25:14	4:42	26	1:36:44	33	1:36:44
Neue Ausspanne	13.68	1:01:49	4:31	25	12:45	28	12:45	121.11	9:27:03	4:40	21	1:49:29	27	1:49:29
Kleiner Inselsber	13.90	1:09:46	5:01	58	20:30	73	20:30	135.01	10:36:49	4:43	25	2:06:29	33	2:06:29
Hohe Sonne	18.94	1:38:34	5:12	82	32:05	118	32:05	153.95	12:15:23	4:46	26	2:36:44	35	2:36:44
Hörschel	15.02	1:07:33	4:29	23	15:40	28	15:40	168.97	13:22:56	4:45	19	2:52:24	27	2:52:24