



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Lauftreff Alteburg Arnstadt

Total time: 14:36:36

Number: 531

Speed: 11.50 km/h

Running performance: 5:11 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 85 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 16(of 70)

Mixstaffel

Best time in the category: 11:22:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:39:21	5:38	44	29:36	178	33:57	17.60	1:39:21	5:38	44	29:36	229	33:57
Schildwiese	18.58	1:32:52	4:59	26	21:03	109	27:03	36.18	3:12:13	5:18	30	49:04	229	1:01:00
Neuhaus	13.54	1:16:34	5:39	23	17:32	127	24:03	49.72	4:28:47	5:24	28	1:05:19	229	1:24:45
Masserberg	19.86	1:32:00	4:37	11	13:22	37	15:29	69.58	6:00:47	5:11	18	1:17:07	229	1:40:03
Allzunah	17.89	1:33:02	5:12	20	21:48	92	25:30	87.47	7:33:49	5:11	14	1:32:11	229	2:03:24
Grenzadler	19.96	1:43:46	5:11	40	27:41	145	29:32	107.43	9:17:35	5:11	16	1:58:13	229	2:29:05
Neue Ausspanne	13.68	1:17:20	5:39	24	19:24	140	28:16	121.11	10:34:55	5:14	16	2:17:37	99	2:57:21
Kleiner Inselsber	13.90	1:17:29	5:34	25	21:23	132	28:13	135.01	11:52:24	5:16	17	2:39:00	229	3:22:04
Hohe Sonne	18.94	1:30:27	4:46	15	21:38	53	23:58	153.95	13:22:51	5:12	15	3:00:38	229	3:44:12
Hörschel	15.02	1:13:45	4:54	14	16:20	62	21:52	168.97	14:36:36	5:11	16	3:13:57	85	4:06:04