



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Sonntagsläufer Tambach-Dietharz

Total time: 14:55:38

Number: 543

Speed: 11.25 km/h

Running performance: 5:18 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 110 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 19(of 70)

Mixstaffel

Best time in the category: 11:22:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Grumbach	17.60	1:39:34	5:39	45	29:49	179	34:10	17.60	1:39:34	5:39	45	29:49	229	34:10	
Schildwiese	18.58	1:25:36	4:36	15	13:47	52	19:47	36.18	3:05:10	5:07	25	42:01	229	53:57	
Neuhaus	13.54	1:17:26	5:43	29	18:24	139	24:55	49.72	4:22:36	5:16	25	59:08	229	1:18:34	
Masserberg	19.86	2:00:02	6:02	59	41:24	194	43:31	69.58	6:22:38	5:29	30	1:38:58	229	2:01:54	
Allzunah	17.89	1:34:20	5:16	23	23:06	99	26:48	87.47	7:56:58	5:27	28	1:55:20	229	2:26:33	
Grenzadler	19.96	1:33:29	4:41	17	17:24	68	19:15	107.43	9:30:27	5:18	23	2:11:05	229	2:41:57	
Neue Ausspanne	13.68	1:25:37	6:15	48	27:41	197	36:33	121.11	10:56:04	5:25	22	2:38:46	229	3:18:30	
Kleiner Inselsber	13.90	1:16:16	5:29	21	20:10	124	27:00	135.01	12:12:20	5:25	21	2:58:56	229	3:42:00	
Hohe Sonne	18.94	1:30:48	4:47	17	21:59	58	24:19	153.95	13:43:08	5:20	21	3:20:55	189	4:04:29	
Hörschel	15.02	1:12:30	4:49	10	15:05	52	20:37	168.97	14:55:38	5:18	19	3:32:59	110	4:25:06	