



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Siemens Runners

Total time: 14:08:21

Number: 528

Speed: 11.88 km/h

Running performance: 5:01 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 56 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 44(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:41:13	5:45	136	35:49	190	35:49	17.60	1:41:13	5:45	136	35:49	190	35:49
Schildwiese	18.58	1:21:56	4:24	25	16:07	39	16:07	36.18	3:03:09	5:03	88	51:56	113	51:56
Neuhaus	13.54	1:12:13	5:20	72	19:42	88	19:42	49.72	4:15:22	5:08	82	1:11:20	101	1:11:20
Masserberg	19.86	1:35:40	4:49	40	19:09	53	19:09	69.58	5:51:02	5:02	62	1:30:18	78	1:30:18
Allzunah	17.89	1:28:36	4:57	46	21:04	63	21:04	87.47	7:19:38	5:01	53	1:49:13	68	1:49:13
Grenzdler	19.96	1:44:59	5:15	106	30:45	153	30:45	107.43	9:04:37	5:04	59	2:16:07	76	2:16:07
Neue Ausspanne	13.68	1:10:40	5:09	71	21:36	85	21:36	121.11	10:15:17	5:04	59	2:37:43	75	2:37:43
Kleiner Inselsber	13.90	1:08:47	4:56	52	19:31	66	19:31	135.01	11:24:04	5:04	51	2:53:44	64	2:53:44
Hohe Sonne	18.94	1:27:19	4:36	26	20:50	40	20:50	153.95	12:51:23	5:00	46	3:12:44	58	3:12:44
Hörschel	15.02	1:16:58	5:07	65	25:05	89	25:05	168.97	14:08:21	5:01	44	3:37:49	56	3:37:49