



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Thinking of you Heiko

Number: 142

Course: 168.97 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:09:50

Speed: 11.86 km/h  
Running performance: 5:02 min/km

Rank in course: 58 (of 228)  
Best time in course: 10:30:32

Rank in category: 46(of 145)  
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:31:04	5:10	100	25:40	132	25:40	17.60	1:31:04	5:10	100	25:40	132	25:40
Schildwiese	18.58	1:26:08	4:38	39	20:19	55	20:19	36.18	2:57:12	4:53	63	45:59	81	45:59
Neuhaus	13.54	58:11	4:17	8	5:40	8	5:40	49.72	3:55:23	4:44	29	51:21	36	51:21
Masserberg	19.86	1:46:18	5:21	92	29:47	126	29:47	69.58	5:41:41	4:54	41	1:20:57	54	1:20:57
Allzunah	17.89	1:27:33	4:53	43	20:01	60	20:01	87.47	7:09:14	4:54	38	1:38:49	49	1:38:49
Grenzadler	19.96	1:37:09	4:52	69	22:55	95	22:55	107.43	8:46:23	4:53	38	1:57:53	50	1:57:53
Neue Ausspanne	13.68	1:04:44	4:43	35	15:40	40	15:40	121.11	9:51:07	4:52	37	2:13:33	49	2:13:33
Kleiner Inselsber	13.90	1:00:11	4:19	16	10:55	21	10:55	135.01	10:51:18	4:49	31	2:20:58	39	2:20:58
Hohe Sonne	18.94	1:53:36	5:59	127	47:07	197	47:07	153.95	12:44:54	4:58	43	3:06:15	55	3:06:15
Hörschel	15.02	1:24:56	5:39	104	33:03	150	33:03	168.97	14:09:50	5:01	46	3:39:18	58	3:39:18