



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

mein erstes Lieblingsteam

Total time: 15:25:33

Number: 501

Speed: 10.89 km/h

Running performance: 5:29 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 137 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 24(of 70)

Mixstaffel

Best time in the category: 11:22:39

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach | 17.60 | 1:41:11 | 5:44 | 50 | 31:26 | 189 | 35:47 | 17.60 | 1:41:11 | 5:44 | 50 | 31:26 | 229 | 35:47 |
| Schildwiese | 18.58 | 1:44:14 | 5:36 | 48 | 32:25 | 183 | 38:25 | 36.18 | 3:25:25 | 5:40 | 52 | 1:02:16 | 229 | 1:14:12 |
| Neuhaus | 13.54 | 1:17:20 | 5:42 | 28 | 18:18 | 138 | 24:49 | 49.72 | 4:42:45 | 5:41 | 46 | 1:19:17 | 229 | 1:38:43 |
| Masserberg | 19.86 | 2:00:32 | 6:04 | 62 | 41:54 | 198 | 44:01 | 69.58 | 6:43:17 | 5:47 | 56 | 1:59:37 | 229 | 2:22:33 |
| Allzunah | 17.89 | 1:37:14 | 5:26 | 28 | 26:00 | 124 | 29:42 | 87.47 | 8:20:31 | 5:43 | 46 | 2:18:53 | 229 | 2:50:06 |
| Grenzadler | 19.96 | 1:52:06 | 5:36 | 58 | 36:01 | 192 | 37:52 | 107.43 | 10:12:37 | 5:42 | 54 | 2:53:15 | 229 | 3:24:07 |
| Neue Ausspanne | 13.68 | 1:14:16 | 5:25 | 18 | 16:20 | 110 | 25:12 | 121.11 | 11:26:53 | 5:40 | 44 | 3:09:35 | 229 | 3:49:19 |
| Kleiner Inselsber | 13.90 | 1:04:01 | 4:36 | 4 | 7:55 | 35 | 14:45 | 135.01 | 12:30:54 | 5:33 | 35 | 3:17:30 | 229 | 4:00:34 |
| Hohe Sonne | 18.94 | 1:30:47 | 4:47 | 16 | 21:58 | 57 | 24:18 | 153.95 | 14:01:41 | 5:28 | 26 | 3:39:28 | 229 | 4:23:02 |
| Hörschel | 15.02 | 1:23:52 | 5:35 | 33 | 26:27 | 138 | 31:59 | 168.97 | 15:25:33 | 5:28 | 24 | 4:02:54 | 137 | 4:55:01 |