



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Die flinken Gerataler I

Number: 159

Course: 168.97 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 14:29:30

Speed: 11.59 km/h  
Running performance: 5:09 min/km

Rank in course: 75 (of 228)  
Best time in course: 10:30:32

Rank in category: 58(of 145)  
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:30:29	5:08	95	25:05	125	25:05	17.60	1:30:29	5:08	95	25:05	125	25:05
Schildwiese	18.58	1:30:08	4:51	65	24:19	89	24:19	36.18	3:00:37	4:59	81	49:24	103	49:24
Neuhaus	13.54	1:24:33	6:14	130	32:02	190	32:02	49.72	4:25:10	5:19	105	1:21:08	133	1:21:08
Masserberg	19.86	1:44:14	5:14	81	27:43	112	27:43	69.58	6:09:24	5:18	91	1:48:40	116	1:48:40
Allzunah	17.89	1:38:52	5:31	99	31:20	132	31:20	87.47	7:48:16	5:21	90	2:17:51	113	2:17:51
Grenzadler	19.96	1:38:01	4:54	72	23:47	102	23:47	107.43	9:26:17	5:16	88	2:37:47	110	2:37:47
Neue Ausspanne	13.68	1:01:33	4:29	24	12:29	26	12:29	121.11	10:27:50	5:11	70	2:50:16	88	2:50:16
Kleiner Inselsber	13.90	1:22:35	5:56	124	33:19	179	33:19	135.01	11:50:25	5:15	79	3:20:05	97	3:20:05
Hohe Sonne	18.94	1:36:37	5:06	73	30:08	102	30:08	153.95	13:27:02	5:14	80	3:48:23	98	3:48:23
Hörschel	15.02	1:02:28	4:09	12	10:35	14	10:35	168.97	14:29:30	5:08	58	3:58:58	75	3:58:58