



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Lauffreunde Weinbergen

Total time: 14:25:33

Number: 123

Speed: 11.65 km/h

Running performance: 5:07 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 70 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 54(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:26:13	4:53	61	20:49	80	20:49	17.60	1:26:13	4:53	61	20:49	80	20:49
Schildwiese	18.58	1:36:00	5:10	98	30:11	133	30:11	36.18	3:02:13	5:02	85	51:00	109	51:00
Neuhaus	13.54	1:01:39	4:33	17	9:08	19	9:08	49.72	4:03:52	4:54	50	59:50	61	59:50
Masserberg	19.86	1:38:33	4:57	49	22:02	65	22:02	69.58	5:42:25	4:55	43	1:21:41	56	1:21:41
Allzunah	17.89	1:35:47	5:21	85	28:15	113	28:15	87.47	7:18:12	5:00	50	1:47:47	64	1:47:47
Grenzadler	19.96	1:40:05	5:00	81	25:51	114	25:51	107.43	8:58:17	5:00	51	2:09:47	66	2:09:47
Neue Ausspanne	13.68	1:09:22	5:04	66	20:18	78	20:18	121.11	10:07:39	5:01	49	2:30:05	62	2:30:05
Kleiner Inselsber	13.90	1:27:35	6:18	134	38:19	200	38:19	135.01	11:35:14	5:08	65	3:04:54	81	3:04:54
Hohe Sonne	18.94	1:29:57	4:44	35	23:28	51	23:28	153.95	13:05:11	5:06	57	3:26:32	73	3:26:32
Hörschel	15.02	1:20:22	5:21	82	28:29	112	28:29	168.97	14:25:33	5:07	54	3:55:01	70	3:55:01