



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

16. Thüringer Zahnarztstaffel

Total time: 14:31:39

Number: 137

Speed: 11.56 km/h

Running performance: 5:10 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 77 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 60(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Grumbach	17.60	1:15:00	4:15	11	9:36	15	9:36	17.60	1:15:00	4:15	11	9:36	15	9:36
Schildwiese	18.58	1:33:07	5:00	85	27:18	115	27:18	36.18	2:48:07	4:38	32	36:54	46	36:54
Neuhaus	13.54	1:13:40	5:26	80	21:09	100	21:09	49.72	4:01:47	4:51	42	57:45	52	57:45
Masserberg	19.86	1:44:41	5:16	84	28:10	117	28:10	69.58	5:46:28	4:58	49	1:25:44	63	1:25:44
Allzunah	17.89	1:33:18	5:12	72	25:46	95	25:46	87.47	7:19:46	5:01	54	1:49:21	69	1:49:21
Grenzadler	19.96	1:36:01	4:48	61	21:47	85	21:47	107.43	8:55:47	4:59	48	2:07:17	62	2:07:17
Neue Ausspanne	13.68	1:24:44	6:11	137	35:40	195	35:40	121.11	10:20:31	5:07	63	2:42:57	81	2:42:57
Kleiner Inselsber	13.90	1:20:02	5:45	116	30:46	157	30:46	135.01	11:40:33	5:11	68	3:10:13	86	3:10:13
Hohe Sonne	18.94	1:32:54	4:54	50	26:25	76	26:25	153.95	13:13:27	5:09	63	3:34:48	80	3:34:48
Hörschel	15.02	1:18:12	5:12	73	26:19	99	26:19	168.97	14:31:39	5:09	60	4:01:07	77	4:01:07