



20. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

m & i-Fachklinik

Number: 122

Course: 168.97 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 14:32:37

Speed: 11.55 km/h
Running performance: 5:10 min/km

Rank in course: 80 (of 228)
Best time in course: 10:30:32

Rank in category: 63(of 145)
Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:46:14	6:02	141	40:50	204	40:50	17.60	1:46:14	6:02	141	40:50	204	40:50
Schildwiese	18.58	1:27:22	4:42	50	21:33	67	21:33	36.18	3:13:36	5:21	115	1:02:23	153	1:02:23
Neuhaus	13.54	1:15:47	5:35	95	23:16	120	23:16	49.72	4:29:23	5:25	110	1:25:21	141	1:25:21
Masserberg	19.86	1:42:40	5:10	66	26:09	92	26:09	69.58	6:12:03	5:20	96	1:51:19	122	1:51:19
Allzunah	17.89	1:48:48	6:04	123	41:16	178	41:16	87.47	8:00:51	5:29	111	2:30:26	142	2:30:26
Grenzadler	19.96	1:23:23	4:10	15	9:09	21	9:09	107.43	9:24:14	5:15	84	2:35:44	105	2:35:44
Neue Ausspanne	13.68	1:05:32	4:47	45	16:28	50	16:28	121.11	10:29:46	5:11	75	2:52:12	93	2:52:12
Kleiner Inselsber	13.90	1:12:10	5:11	70	22:54	87	22:54	135.01	11:41:56	5:11	70	3:11:36	88	3:11:36
Hohe Sonne	18.94	1:27:14	4:36	25	20:45	39	20:45	153.95	13:09:10	5:07	60	3:30:31	76	3:30:31
Hörschel	15.02	1:23:27	5:33	96	31:34	136	31:34	168.97	14:32:37	5:09	63	4:02:05	80	4:02:05