



20. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 23.06.2018

Detailed evaluation

Faulunger Muskrücken

Total time: 14:35:49

Number: 514

Speed: 11.51 km/h

Running performance: 5:11 min/km

Course: 168.97 km

Blankenstein-Hörschel

Rank in course: 82 (of 228)

Best time in course: 10:30:32

Category:

Rank in category: 64(of 145)

Männerstaffel

Best time in the category: 10:30:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.60	1:37:28	5:32	124	32:04	166	32:04	17.60	1:37:28	5:32	124	32:04	166	32:04
Schildwiese	18.58	1:15:21	4:03	13	9:32	15	9:32	36.18	2:52:49	4:46	44	41:36	60	41:36
Neuhaus	13.54	1:18:10	5:46	114	25:39	150	25:39	49.72	4:10:59	5:02	70	1:06:57	87	1:06:57
Masserberg	19.86	2:05:49	6:20	134	49:18	212	49:18	69.58	6:16:48	5:24	107	1:56:04	135	1:56:04
Allzunah	17.89	1:57:20	6:33	141	49:48	218	49:48	87.47	8:14:08	5:38	127	2:43:43	172	2:43:43
Grenzadler	19.96	1:36:48	4:50	66	22:34	92	22:34	107.43	9:50:56	5:30	117	3:02:26	153	3:02:26
Neue Ausspanne	13.68	1:05:12	4:45	40	16:08	45	16:08	121.11	10:56:08	5:25	109	3:18:34	134	3:18:34
Kleiner Inselsber	13.90	1:04:23	4:37	30	15:07	37	15:07	135.01	12:00:31	5:20	93	3:30:11	113	3:30:11
Hohe Sonne	18.94	1:17:12	4:04	7	10:43	12	10:43	153.95	13:17:43	5:10	70	3:39:04	87	3:39:04
Hörschel	15.02	1:18:06	5:11	72	26:13	98	26:13	168.97	14:35:49	5:10	64	4:05:17	82	4:05:17