



3. RENNSThike  
Gumpelstadt / 05.05.2018-06.05.2018

Detailed evaluation

ZAMZOW, Stephanie

Club: LT Altensteiner Park  
Number: 347

Course: 41.80 km  
HIKEMarathon

Category:  
Frauen

Total time: 7:49:03

Speed: 5.24 km/h

Rank in course/Total: 21 (of 52)

Rank in course/Women: 8 (of 27)

Best time in course: 7:32:10

Rank in category: 8(of 27)

Best time in the category: 7:32:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Bad Tabarz	4.20	40:57	5.86	12	3:13	12	3:13	4.20	40:57	5.86	28	3:13	28	3:13
Großer Inselsberg	5.00	1:04:25	4.66	1	-	1	-	9.20	1:45:22	5.12	28	0:06	28	0:06
Dreiherrnstein	5.00	56:15	5.33	9	12:51	9	12:51	14.20	2:41:37	5.20	4	7:00	4	7:00
Hubertushaus	8.70	1:41:16	4.74	12	17:44	12	17:44	22.90	4:22:53	5.02	28	24:44	28	24:44
Hohe Sonne	4.70	47:40	5.03	10	1:05	10	1:05	27.60	5:10:33	5.22	27	25:11	27	25:11
Altenberger See	3.30	37:19	4.82	7	2:54	7	2:54	30.90	5:47:52	5.17	27	25:27	27	25:27
Möhra	6.90	1:21:28	4.42	5	5:40	5	5:40	37.80	7:09:20	5.17	23	21:29	23	21:29
Finish	4.00	39:43	6.04	5	2:38	5	2:38	41.80	7:49:03	5.24	8	16:53	8	16:53