



38. Silberberglauf
Möhrenbach/ Thüringen / 12.05.2018

Detailed evaluation

GROßMANN, Heino

Club: Gehren
Number: 389

Course: 11.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:00:36

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 45 (of 76)

Rank in course/Men: 39 (of 57)

Best time in course: 39:50

Rank in category: 4(of 6)

Best time in the category: 49:00