



38. Silberberglauf
Möhrenbach/ Thüringen / 12.05.2018

Detailed evaluation

KONIECZNY, Knut

Club: SV TU Ilmneau
Number: 295

Course: 11.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 49:05

Speed: 13.45 km/h
Running performance: 4:28 min/km

Rank in course/Total: 15 (of 76)

Rank in course/Men: 14 (of 57)

Best time in course: 39:50

Rank in category: 1(of 6)

Best time in the category: 49:05