



## Detailed evaluation

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Club: SV IHW Alex 78 Berlin

Total time: 3:06:20

Running performance: 11:35 min/km

Course: 16.07 km / 16 Controls

Category:

H35

Rank in category: 18(of 25)

Best time in the category: 1:59:47

Behind: 1:06:33

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (47)   | 2:29       | 13       | 0:50        | 50.5     | 2:29       | 13       | 0:50        | 50.5     |
| 2 (32)   | 6:00       | 22       | 2:05        | 53.2     | 8:29       | 20       | 2:52        | 51.0     |
| 3 (33)   | 20:09      | 24       | 13:53       | 221.5    | 28:38      | 23       | 16:44       | 140.6    |
| 4 (36)   | 7:03       | 23       | 2:43        | 62.7     | 35:41      | 23       | 19:12       | 116.5    |
| 5 (38)   | 12:37      | 21       | 5:16        | 71.7     | 48:18      | 23       | 23:59       | 98.6     |
| 6 (39)   | 17:46      | 22       | 5:36        | 46.0     | 1:06:04    | 21       | 29:01       | 78.3     |
| 7 (40)   | 43:16      | 14       | 7:15        | 20.1     | 1:49:20    | 21       | 36:06       | 49.3     |
| 8 (41)   | 2:59       | 22       | 1:12        | 67.3     | 1:52:19    | 21       | 37:06       | 49.3     |
| 9 (42)   | 16:19      | 22       | 8:31        | 109.2    | 2:08:38    | 21       | 45:17       | 54.3     |
| 10 (43)  | 1:41       | 19       | 0:40        | 65.6     | 2:10:19    | 20       | 45:52       | 54.3     |
| 11 (100) | 0:57       | 20       | 0:21        | 58.3     | 2:11:16    | 20       | 46:07       | 54.2     |
| 12 (44)  | 11:01      | 19       | 4:27        | 67.8     | 2:22:17    | 18       | 49:48       | 53.9     |
| 13 (50)  | 16:57      | 20       | 7:30        | 79.4     | 2:39:14    | 18       | 56:52       | 55.6     |
| 14 (45)  | 9:11       | 16       | 3:46        | 69.5     | 2:48:25    | 18       | 59:44       | 55.0     |
| 15 (46)  | 11:50      | 19       | 5:52        | 98.3     | 3:00:15    | 18       | 1:04:39     | 55.9     |
| 16 (100) | 5:24       | 19       | 2:14        | 70.5     | 3:05:39    | 18       | 1:06:28     | 55.8     |
| Finish   | 0:41       | 15       | 0:11        | 36.7     | 3:06:20    | 18       | 1:06:33     | 55.6     |