



Detailed evaluation

Gorczyca, Jacek

Club: KS Hades Poznan

Total time: 2:51:16

Running performance: 10:41 min/km

Course: 16.01 km / 15 Controls

Category:

H45

Rank in category: 22(of 34)

Best time in the category: 1:57:06

Behind: 54:10

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (32) | 9:52 | 29 | 4:24 | 80.5 | 9:52 | 29 | 4:24 | 80.5 |
| 2 (33) | 8:32 | 21 | 2:18 | 36.9 | 18:24 | 26 | 6:35 | 55.7 |
| 3 (36) | 5:41 | 24 | 2:04 | 57.1 | 24:05 | 25 | 8:16 | 52.3 |
| 4 (38) | 11:24 | 25 | 3:37 | 46.5 | 35:29 | 24 | 11:32 | 48.2 |
| 5 (39) | 17:47 | 21 | 5:27 | 44.2 | 53:16 | 24 | 16:12 | 43.7 |
| 6 (40) | 47:54 | 24 | 27:18 | 132.5 | 1:41:10 | 24 | 45:56 | 83.2 |
| 7 (41) | 3:13 | 30 | 1:39 | 105.3 | 1:44:23 | 23 | 30:15 | 40.8 |
| 8 (42) | 10:31 | 18 | 2:59 | 39.6 | 1:54:54 | 22 | 33:14 | 40.7 |
| 9 (43) | 1:37 | 17 | 0:38 | 64.4 | 1:56:31 | 22 | 33:47 | 40.8 |
| 10 (100) | 0:59 | 28 | 0:22 | 59.5 | 1:57:30 | 22 | 34:07 | 40.9 |
| 11 (44) | 11:23 | 24 | 4:44 | 71.2 | 2:08:53 | 22 | 37:44 | 41.4 |
| 12 (50) | 15:51 | 24 | 6:16 | 65.4 | 2:24:44 | 21 | 44:00 | 43.7 |
| 13 (45) | 10:36 | 21 | 4:33 | 75.2 | 2:35:20 | 21 | 48:33 | 45.5 |
| 14 (46) | 10:01 | 23 | 3:42 | 58.6 | 2:45:21 | 21 | 51:58 | 45.8 |
| 15 (100) | 5:04 | 24 | 1:54 | 60.0 | 2:50:25 | 22 | 53:52 | 46.2 |
| Finish | 0:51 | 26 | 0:23 | 82.1 | 2:51:16 | 22 | 54:10 | 46.3 |