



Ski-O Long
Silberhütte/Oberpfalz / 21.01.2018

Detailed evaluation

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Club: SK Praga

Total time: 1:14:48

Running performance: 7:27 min/km

Course: 10.04 km / 13 Controls

Category:
H55

Rank in category: 5(of 23)

Best time in the category: 1:08:30

Behind: 6:18

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (47)	2:05	6	0:19	17.9	2:05	6	0:19	17.9
2 (32)	4:43	6	0:42	17.4	6:48	6	0:42	11.5
3 (33)	7:04	4	0:50	13.4	13:52	5	1:32	12.4
4 (36)	4:40	6	0:38	15.7	18:32	5	1:47	10.7
5 (38)	8:50	3	0:33	6.6	27:22	4	1:51	7.3
6 (40)	20:03	5	9:35	91.6	47:25	5	3:47	8.7
7 (41)	2:07	2	0:19	17.6	49:32	5	4:06	9.0
8 (42)	8:37	5	0:54	11.7	58:09	5	5:00	9.4
9 (43)	1:25	5	0:22	34.9	59:34	5	5:21	9.9
10 (100)	0:45	5	0:07	18.4	1:00:19	5	5:28	10.0
11 (44)	7:06	5	0:24	6.0	1:07:25	5	5:47	9.4
12 (46)	3:20	6	0:23	13.0	1:10:45	5	6:02	9.3
13 (100)	3:30	6	0:19	10.0	1:14:15	5	6:15	9.2
Finish	0:33	5	0:03	10.0	1:14:48	5	6:18	9.2