



Detailed evaluation

Smolková, Alena

Club: SK Stopa Praha

Total time: 41:52

Running performance: 8:42 min/km

Course: 4.81 km / 10 Controls

Category:

D45

Rank in category: 9(of 19)

Best time in the category: 32:51

Behind: 9:01

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:40	13	1:08	44.7	3:40	13	1:08	44.7
2 (41)	1:41	13	0:30	42.3	5:21	13	1:38	44.0
3 (32)	3:07	7	0:38	25.5	8:28	9	2:10	34.4
4 (33)	3:55	11	1:16	47.8	12:23	9	3:25	38.1
5 (44)	2:38	5	0:15	10.5	15:01	9	3:40	32.3
6 (46)	8:00	7	1:12	17.7	23:01	7	4:52	26.8
7 (31)	4:04	6	0:39	19.0	27:05	7	5:19	24.4
8 (39)	6:26	13	1:58	44.0	33:31	8	7:17	27.8
9 (48)	5:18	15	1:41	46.5	38:49	8	8:22	27.5
10 (100)	2:26	12	0:36	32.7	41:15	9	8:53	27.5
Finish	0:37	11	0:10	37.0	41:52	9	9:01	27.5