



Detailed evaluation

Bugaj, Teresa

Club: WKS Wawel Kraków

Total time: 52:57

Running performance: 11:00 min/km

Course: 4.81 km / 10 Controls

Category:

D45

Rank in category: 16(of 19)

Best time in the category: 32:51

Behind: 20:06

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	4:36	17	2:04	81.6	4:36	17	2:04	81.6
2 (41)	2:02	17	0:51	71.8	6:38	17	2:55	78.5
3 (32)	4:50	15	2:21	94.6	11:28	16	5:10	82.0
4 (33)	4:33	14	1:54	71.7	16:01	16	7:03	78.6
5 (44)	3:24	15	1:01	42.7	19:25	15	8:04	71.1
6 (46)	9:50	15	3:02	44.6	29:15	16	11:06	61.2
7 (31)	5:41	18	2:16	66.3	34:56	16	13:10	60.5
8 (39)	8:25	17	3:57	88.4	43:21	16	17:07	65.3
9 (48)	5:45	17	2:08	59.0	49:06	16	18:39	61.3
10 (100)	2:56	17	1:06	60.0	52:02	16	19:40	60.8
Finish	0:55	18	0:28	103.7	52:57	16	20:06	61.2