



Detailed evaluation

Tröße, Renate

Club: SV TU Ilmenau

Total time: 37:53

Running performance: 9:18 min/km

Course: 4.07 km / 9 Controls

Category:

D55

Rank in category: 6(of 9)

Best time in the category: 31:05

Behind: 6:48

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31) | 3:29 | 5 | 0:36 | 20.8 | 3:29 | 5 | 0:36 | 20.8 |
| 2 (41) | 1:52 | 8 | 0:40 | 55.6 | 5:21 | 6 | 1:16 | 31.0 |
| 3 (32) | 3:52 | 7 | 0:49 | 26.8 | 9:13 | 6 | 1:43 | 22.9 |
| 4 (33) | 4:52 | 7 | 1:20 | 37.7 | 14:05 | 6 | 2:02 | 16.9 |
| 5 (44) | 2:52 | 4 | 0:21 | 13.9 | 16:57 | 6 | 2:05 | 14.0 |
| 6 (45) | 3:00 | 5 | 0:31 | 20.8 | 19:57 | 6 | 2:35 | 14.9 |
| 7 (31) | 8:53 | 7 | 2:11 | 32.6 | 28:50 | 6 | 4:28 | 18.3 |
| 8 (47) | 2:53 | 7 | 0:29 | 20.1 | 31:43 | 6 | 4:57 | 18.5 |
| 9 (100) | 5:07 | 7 | 1:36 | 45.5 | 36:50 | 6 | 6:20 | 20.8 |
| Finish | 1:03 | 9 | 0:34 | 117.2 | 37:53 | 6 | 6:48 | 21.9 |