



Detailed evaluation

Mrózek, Pawel

Club: TJ TŽ Trinec

Total time: 31:43

Running performance: 7:40 min/km

Course: 4.13 km / 8 Controls

Category:

H14

Rank in category: 8(of 20)

Best time in the category: 21:09

Behind: 10:34

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31) | 2:43 | 4 | 0:39 | 31.5 | 2:43 | 4 | 0:39 | 31.5 |
| 2 (41) | 1:19 | 7 | 0:23 | 41.1 | 4:02 | 6 | 1:01 | 33.7 |
| 3 (42) | 4:37 | 11 | 4:29 | 3,362.5 | 8:39 | 10 | 8:31 | 6,387.5 |
| 4 (44) | 7:31 | 7 | 3:28 | 85.6 | 16:10 | 8 | 6:52 | 73.8 |
| 5 (45) | 2:30 | 7 | 0:37 | 32.7 | 18:40 | 8 | 7:29 | 66.9 |
| 6 (31) | 6:37 | 7 | 1:38 | 32.8 | 25:17 | 8 | 9:07 | 56.4 |
| 7 (47) | 2:24 | 7 | 0:37 | 34.6 | 27:41 | 8 | 9:38 | 53.4 |
| 8 (100) | 3:31 | 6 | 0:56 | 36.1 | 31:12 | 8 | 10:34 | 51.2 |
| Finish | 0:31 | 3 | 0:05 | 19.2 | 31:43 | 8 | 10:34 | 50.0 |