



Detailed evaluation

Bruns, Jussi

Club: MTK Bad Harzburg

Total time: 35:06

Running performance: 8:29 min/km

Course: 4.13 km / 8 Controls

Category:

H14

Rank in category: 10(of 20)

Best time in the category: 21:09

Behind: 13:57

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:13	10	1:09	55.7	3:13	9	1:09	55.7
2 (41)	1:45	14	0:49	87.5	4:58	10	1:57	64.6
3 (42)	3:36	6	3:28	2,600.0	8:34	9	8:26	6,325.0
4 (44)	8:01	9	3:58	97.9	16:35	9	7:17	78.3
5 (45)	2:57	13	1:04	56.6	19:32	9	8:21	74.7
6 (31)	8:07	12	3:08	62.9	27:39	10	11:29	71.0
7 (47)	2:46	10	0:59	55.1	30:25	10	12:22	68.5
8 (100)	4:04	10	1:29	57.4	34:29	10	13:51	67.1
Finish	0:37	14	0:11	42.3	35:06	10	13:57	66.0