



Detailed evaluation

Kraus, Konstantin

Club: OLG Regensburg

Total time: 44:36

Running performance: 9:10 min/km

Course: 4.86 km / 11 Controls

Category:

H17

Rank in category: 35(of 42)

Best time in the category: 24:16

Behind: 20:20

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	4:32	38	2:34	130.5	4:32	38	2:34	130.5
2 (41)	2:04	39	1:14	148.0	6:36	39	3:48	135.7
3 (32)	3:38	33	1:40	84.8	10:14	38	5:20	108.8
4 (33)	4:38	32	2:43	141.7	14:52	37	7:38	105.5
5 (44)	2:44	28	1:13	80.2	17:36	37	8:45	98.9
6 (45)	3:00	36	1:28	95.7	20:36	37	10:08	96.8
7 (46)	4:50	19	1:36	49.5	25:26	35	11:33	83.2
8 (31)	4:17	29	1:47	71.3	29:43	34	13:20	81.4
9 (39)	7:20	37	4:00	120.0	37:03	35	17:15	87.1
10 (48)	4:37	32	1:59	75.3	41:40	35	19:14	85.7
11 (100)	2:16	31	0:51	60.0	43:56	35	20:05	84.2
Finish	0:40	37	0:19	90.5	44:36	35	20:20	83.8