



Detailed evaluation

Pruša, Michal

Club: USK Praha

Total time: 41:10

Running performance: 5:34 min/km

Course: 7.38 km / 14 Controls

Category:

H21

Rank in category: 21(of 43)

Best time in the category: 33:02

Behind: 8:08

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:13	20	0:23	20.9	2:13	20	0:23	20.9
2 (39)	3:21	22	3:21	-	5:34	21	5:34	-
3 (40)	4:19	32	4:19	-	9:53	27	9:53	-
4 (31)	2:25	6	0:15	11.5	12:18	25	12:18	-
5 (32)	3:02	19	3:02	-	15:20	24	15:20	-
6 (33)	2:05	10	0:39	45.4	17:25	22	17:25	-
7 (35)	2:45	26	2:45	-	20:10	24	20:10	-
8 (34)	2:54	11	0:30	20.8	23:04	18	3:46	19.5
9 (44)	4:10	39	4:10	-	27:14	22	5:35	25.8
10 (37)	2:06	12	0:20	18.9	29:20	21	5:51	24.9
11 (38)	5:13	31	5:13	-	34:33	21	7:17	26.7
12 (31)	2:15	8	0:16	13.5	36:48	21	7:33	25.8
13 (48)	2:08	20	0:24	23.1	38:56	21	7:57	25.7
14 (100)	1:48	26	0:34	46.0	40:44	21	8:06	24.8
Finish	0:26	15	0:05	23.8	41:10	21	8:08	24.6