



Detailed evaluation

Gregoriades, Tomáš

Club: SK Stopa Praha

Total time: 49:36

Running performance: 6:43 min/km

Course: 7.38 km / 14 Controls

Category:

H21

Rank in category: 34(of 43)

Best time in the category: 33:02

Behind: 16:34

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:21	26	0:31	28.2	2:21	26	0:31	28.2
2 (39)	3:34	29	3:34	-	5:55	30	5:55	-
3 (40)	4:50	36	4:50	-	10:45	33	10:45	-
4 (31)	2:58	28	0:48	36.9	13:43	33	13:43	-
5 (32)	3:54	32	3:54	-	17:37	35	17:37	-
6 (33)	7:27	39	6:01	419.8	25:04	37	25:04	-
7 (35)	3:23	35	3:23	-	28:27	36	28:27	-
8 (34)	3:03	12	0:39	27.1	31:30	36	12:12	63.2
9 (44)	3:08	32	3:08	-	34:38	36	12:59	60.0
10 (37)	2:25	17	0:39	36.8	37:03	33	13:34	57.8
11 (38)	5:47	35	5:47	-	42:50	35	15:34	57.1
12 (31)	2:30	19	0:31	26.1	45:20	34	16:05	55.0
13 (48)	2:13	23	0:29	27.9	47:33	34	16:34	53.5
14 (100)	1:38	15	0:24	32.4	49:11	34	16:33	50.7
Finish	0:25	13	0:04	19.1	49:36	34	16:34	50.2