



Detailed evaluation

Lucke, Jens

Club: Post SV Dresden

Total time: 45:28

Running performance: 6:28 min/km

Course: 7.02 km / 13 Controls

Category:

H35

Rank in category: 6(of 22)

Best time in the category: 42:20

Behind: 3:08

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:22	8	0:18	14.5	2:22	8	0:18	14.5
2 (50)	3:22	1	-	-	5:44	2	0:04	1.2
3 (33)	2:45	10	0:24	17.0	8:29	2	0:28	5.8
4 (43)	4:26	17	1:09	35.0	12:55	6	1:31	13.3
5 (35)	3:02	6	0:15	9.0	15:57	5	0:41	4.5
6 (37)	4:17	10	0:23	9.8	20:14	5	0:51	4.4
7 (38)	5:54	7	0:43	13.8	26:08	5	1:15	5.0
8 (31)	2:36	8	0:16	11.4	28:44	5	1:27	5.3
9 (39)	3:50	4	0:36	18.6	32:34	5	2:03	6.7
10 (40)	5:02	10	0:55	22.3	37:36	6	2:27	7.0
11 (31)	3:04	12	0:27	17.2	40:40	6	2:46	7.3
12 (48)	2:17	6	0:16	13.2	42:57	6	2:47	6.9
13 (100)	2:02	12	0:31	34.1	44:59	6	3:08	7.5
Finish	0:29	4	0:04	16.0	45:28	6	3:08	7.4