



Detailed evaluation

Bruns, Thilo

Club: MTK Bad Harzburg

Total time: 35:13

Running performance: 6:10 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 1(of 36)

Best time in the category: 35:13

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:13	2	0:05	3.9	2:13	2	0:05	3.9
2 (42)	3:15	2	0:08	4.3	5:28	2	0:13	4.1
3 (33)	2:33	3	0:08	5.5	8:01	2	0:14	3.0
4 (34)	3:49	3	0:12	5.5	11:50	2	0:26	3.8
5 (44)	3:04	1	-	-	14:54	2	0:10	1.1
6 (37)	2:13	1	-	-	17:07	1	-	-
7 (38)	5:55	4	0:22	6.6	23:02	1	-	-
8 (31)	2:37	3	0:13	9.0	25:39	1	-	-
9 (39)	4:03	3	0:22	10.0	29:42	2	0:01	0.1
10 (48)	3:13	1	-	-	32:55	1	-	-
11 (100)	1:52	6	0:09	8.7	34:47	1	-	-
Finish	0:26	5	0:05	23.8	35:13	1	-	-