



Detailed evaluation

Buchholz, Sven

Club: MTK Bad Harzburg

Total time: 38:52

Running performance: 6:49 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 6(of 36)

Best time in the category: 35:13

Behind: 3:39

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:35	10	0:27	21.1	2:35	10	0:27	21.1
2 (42)	3:49	10	0:42	22.5	6:24	10	1:09	21.9
3 (33)	3:34	18	1:09	47.6	9:58	10	2:11	28.1
4 (34)	4:06	5	0:29	13.4	14:04	9	2:40	23.4
5 (44)	3:07	2	0:03	1.6	17:11	7	2:27	16.6
6 (37)	2:37	10	0:24	18.1	19:48	7	2:41	15.7
7 (38)	6:19	7	0:46	13.8	26:07	7	3:05	13.4
8 (31)	2:43	6	0:19	13.2	28:50	7	3:11	12.4
9 (39)	4:15	7	0:34	15.4	33:05	7	3:24	11.5
10 (48)	3:31	5	0:18	9.3	36:36	7	3:41	11.2
11 (100)	1:55	9	0:12	11.7	38:31	6	3:44	10.7
Finish	0:21	1	-	-	38:52	6	3:39	10.4