



Detailed evaluation

Šimek, Roman

Club: SOB Olomouc

Total time: 44:41

Running performance: 7:50 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 15(of 36)

Best time in the category: 35:13

Behind: 9:28

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:41	13	0:33	25.8	2:41	13	0:33	25.8
2 (42)	4:05	15	0:58	31.0	6:46	12	1:31	28.9
3 (33)	5:21	31	2:56	121.4	12:07	23	4:20	55.7
4 (34)	4:36	10	0:59	27.2	16:43	20	5:19	46.6
5 (44)	3:31	10	0:27	14.7	20:14	15	5:30	37.3
6 (37)	2:52	14	0:39	29.3	23:06	14	5:59	35.0
7 (38)	6:35	10	1:02	18.6	29:41	14	6:39	28.9
8 (31)	3:01	13	0:37	25.7	32:42	14	7:03	27.5
9 (39)	5:13	21	1:32	41.6	37:55	14	8:14	27.7
10 (48)	4:30	24	1:17	39.9	42:25	15	9:30	28.9
11 (100)	1:50	5	0:07	6.8	44:15	15	9:28	27.2
Finish	0:26	5	0:05	23.8	44:41	15	9:28	26.9