



Detailed evaluation

Gorczyca, Jacek

Club: KS Hades Poznan

Total time: 47:17

Running performance: 8:17 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 22(of 36)

Best time in the category: 35:13

Behind: 12:04

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:16	24	1:08	53.1	3:16	24	1:08	53.1
2 (42)	4:13	18	1:06	35.3	7:29	20	2:14	42.5
3 (33)	3:24	15	0:59	40.7	10:53	16	3:06	39.8
4 (34)	5:06	17	1:29	41.0	15:59	15	4:35	40.2
5 (44)	4:15	20	1:11	38.6	20:14	15	5:30	37.3
6 (37)	3:16	25	1:03	47.4	23:30	17	6:23	37.3
7 (38)	7:36	21	2:03	36.9	31:06	19	8:04	35.0
8 (31)	3:19	21	0:55	38.2	34:25	19	8:46	34.2
9 (39)	5:29	26	1:48	48.9	39:54	19	10:13	34.4
10 (48)	4:25	22	1:12	37.3	44:19	22	11:24	34.6
11 (100)	2:23	25	0:40	38.8	46:42	22	11:55	34.3
Finish	0:35	22	0:14	66.7	47:17	22	12:04	34.3