



Detailed evaluation

Podivínský, Tomáš

Club: OK Sparta Praha

Total time: 55:19

Running performance: 9:42 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 26(of 36)

Best time in the category: 35:13

Behind: 20:06

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:46	15	0:38	29.7	2:46	15	0:38	29.7
2 (42)	4:20	20	1:13	39.0	7:06	15	1:51	35.2
3 (33)	5:20	30	2:55	120.7	12:26	24	4:39	59.7
4 (34)	6:25	28	2:48	77.4	18:51	25	7:27	65.4
5 (44)	6:19	34	3:15	106.0	25:10	27	10:26	70.8
6 (37)	3:49	32	1:36	72.2	28:59	27	11:52	69.3
7 (38)	9:21	33	3:48	68.5	38:20	29	15:18	66.4
8 (31)	3:54	30	1:30	62.5	42:14	29	16:35	64.7
9 (39)	5:20	24	1:39	44.8	47:34	28	17:53	60.3
10 (48)	4:48	27	1:35	49.2	52:22	27	19:27	59.1
11 (100)	2:25	27	0:42	40.8	54:47	26	20:00	57.5
Finish	0:32	20	0:11	52.4	55:19	26	20:06	57.1