



## Detailed evaluation

Podivínský, Tomáš

Club: OK Sparta Praha

Total time: 55:19

Running performance: 9:42 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 26(of 36)

Best time in the category: 35:13

Behind: 20:06

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31)   | 2:46       | 15       | 0:38        | 29.7     | 2:46       | 15       | 0:38        | 29.7     |
| 2 (42)   | 4:20       | 20       | 1:13        | 39.0     | 7:06       | 15       | 1:51        | 35.2     |
| 3 (33)   | 5:20       | 30       | 2:55        | 120.7    | 12:26      | 24       | 4:39        | 59.7     |
| 4 (34)   | 6:25       | 28       | 2:48        | 77.4     | 18:51      | 25       | 7:27        | 65.4     |
| 5 (44)   | 6:19       | 34       | 3:15        | 106.0    | 25:10      | 27       | 10:26       | 70.8     |
| 6 (37)   | 3:49       | 32       | 1:36        | 72.2     | 28:59      | 27       | 11:52       | 69.3     |
| 7 (38)   | 9:21       | 33       | 3:48        | 68.5     | 38:20      | 29       | 15:18       | 66.4     |
| 8 (31)   | 3:54       | 30       | 1:30        | 62.5     | 42:14      | 29       | 16:35       | 64.7     |
| 9 (39)   | 5:20       | 24       | 1:39        | 44.8     | 47:34      | 28       | 17:53       | 60.3     |
| 10 (48)  | 4:48       | 27       | 1:35        | 49.2     | 52:22      | 27       | 19:27       | 59.1     |
| 11 (100) | 2:25       | 27       | 0:42        | 40.8     | 54:47      | 26       | 20:00       | 57.5     |
| Finish   | 0:32       | 20       | 0:11        | 52.4     | 55:19      | 26       | 20:06       | 57.1     |