



## Detailed evaluation

Adenstedt, Erik

Club: Orienteering Klosterneuburg

Total time: 56:10

Running performance: 9:51 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 30(of 36)

Best time in the category: 35:13

Behind: 20:57

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:25	27	1:17	60.2	3:25	27	1:17	60.2
2 (42)	5:09	26	2:02	65.2	8:34	27	3:19	63.2
3 (33)	4:57	28	2:32	104.8	13:31	27	5:44	73.7
4 (34)	6:20	27	2:43	75.1	19:51	26	8:27	74.1
5 (44)	4:59	27	1:55	62.5	24:50	26	10:06	68.6
6 (37)	3:34	28	1:21	60.9	28:24	26	11:17	65.9
7 (38)	8:12	23	2:39	47.8	36:36	26	13:34	58.9
8 (31)	4:17	34	1:53	78.5	40:53	27	15:14	59.4
9 (39)	7:02	34	3:21	91.0	47:55	29	18:14	61.4
10 (48)	4:56	29	1:43	53.4	52:51	29	19:56	60.6
11 (100)	2:40	32	0:57	55.3	55:31	30	20:44	59.6
Finish	0:39	30	0:18	85.7	56:10	30	20:57	59.5