



Detailed evaluation

Caspari, Volker

Club: OL Team Lippe

Total time: 1:07:36

Running performance: 11:51 min/km

Course: 5.70 km / 11 Controls

Category:

H45

Rank in category: 34(of 36)

Best time in the category: 35:13

Behind: 32:23

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	4:10	32	2:02	95.3	4:10	32	2:02	95.3
2 (42)	6:04	30	2:57	94.7	10:14	30	4:59	94.9
3 (33)	5:15	29	2:50	117.2	15:29	30	7:42	98.9
4 (34)	14:08	35	10:31	290.8	29:37	34	18:13	159.8
5 (44)	5:31	31	2:27	79.9	35:08	34	20:24	138.5
6 (37)	4:01	34	1:48	81.2	39:09	34	22:02	128.7
7 (38)	8:16	24	2:43	49.0	47:25	34	24:23	105.9
8 (31)	3:42	27	1:18	54.2	51:07	34	25:28	99.3
9 (39)	7:01	32	3:20	90.5	58:08	34	28:27	95.9
10 (48)	6:01	32	2:48	87.1	1:04:09	34	31:14	94.9
11 (100)	2:50	35	1:07	65.1	1:06:59	34	32:12	92.6
Finish	0:37	25	0:16	76.2	1:07:36	34	32:23	92.0