



Detailed evaluation

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Club: KOS Slavia Plzen

Total time: 30:31

Running performance: 7:05 min/km

Course: 4.30 km / 10 Controls

Category:

H55

Rank in category: 7(of 21)

Best time in the category: 26:15

Behind: 4:16

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:53	9	0:31	21.8	2:53	9	0:31	21.8
2 (41)	1:16	10	0:14	22.6	4:09	7	0:45	22.1
3 (42)	2:33	4	0:21	15.9	6:42	7	1:06	19.6
4 (44)	5:10	5	1:09	28.6	11:52	5	2:07	21.7
5 (37)	2:40	7	0:29	22.1	14:32	6	2:20	19.1
6 (46)	5:18	10	1:24	35.9	19:50	7	3:02	18.1
7 (31)	3:51	9	0:59	34.3	23:41	7	3:43	18.6
8 (47)	2:11	3	0:11	9.2	25:52	7	3:54	17.8
9 (48)	1:59	5	0:16	15.5	27:51	7	3:58	16.6
10 (100)	2:05	7	0:23	22.6	29:56	7	4:09	16.1
Finish	0:35	12	0:11	45.8	30:31	7	4:16	16.3