



Detailed evaluation

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Club: Volkssport Berlin

Total time: 43:13

Running performance: 10:03 min/km

Course: 4.30 km / 10 Controls

Category:

H55

Rank in category: 15(of 21)

Best time in the category: 26:15

Behind: 16:58

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:45	13	1:23	58.5	3:45	13	1:23	58.5
2 (41)	1:46	15	0:44	71.0	5:31	14	2:07	62.3
3 (42)	4:02	15	1:50	83.3	9:33	15	3:57	70.5
4 (44)	8:23	16	4:22	108.7	17:56	16	8:11	83.9
5 (37)	4:49	18	2:38	120.6	22:45	16	10:33	86.5
6 (46)	5:42	11	1:48	46.2	28:27	16	11:39	69.4
7 (31)	4:29	15	1:37	56.4	32:56	16	12:58	64.9
8 (47)	3:34	18	1:34	78.3	36:30	15	14:32	66.2
9 (48)	2:57	14	1:14	71.8	39:27	15	15:34	65.2
10 (100)	2:42	17	1:00	58.8	42:09	15	16:22	63.5
Finish	1:04	19	0:40	166.7	43:13	15	16:58	64.6