



Detailed evaluation

Frey, Jaromír

Club: TJ Jiskra Nejdek

Total time: 46:32

Running performance: 11:16 min/km

Course: 4.13 km / 8 Controls

Category:

H75

Rank in category: 2(of 6)

Best time in the category: 45:47

Behind: 0:45

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	3:56	1	-	-	3:56	1	-	-
2 (41)	1:32	1	-	-	5:28	1	-	-
3 (42)	8:27	5	4:32	115.7	13:55	5	3:00	27.5
4 (44)	10:42	3	1:08	11.9	24:37	3	4:08	20.2
5 (45)	3:21	1	-	-	27:58	3	4:02	16.9
6 (31)	9:19	2	0:09	1.6	37:17	2	1:50	5.2
7 (47)	2:57	1	-	-	40:14	2	1:21	3.5
8 (100)	5:34	1	-	-	45:48	2	0:48	1.8
Finish	0:44	1	-	-	46:32	2	0:45	1.6