



Detailed evaluation

von Gaza, Anke

Club: OLV Uslar

Total time: 51:51

Running performance: 7:24 min/km

Course: 7.00 km / 15 Controls

Category:

D21

Rank in category: 14(of 22)

Best time in the category: 37:02

Behind: 14:49

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (31)	2:41	13	0:34	26.8	2:41	13	0:34	26.8
2 (41)	1:12	9	0:19	35.9	3:53	9	0:53	29.4
3 (50)	3:09	8	1:13	62.9	7:02	8	2:02	40.7
4 (33)	4:09	20	2:03	97.6	11:11	9	3:58	55.0
5 (34)	4:37	17	4:37	-	15:48	12	5:05	47.4
6 (43)	1:20	10	0:28	53.9	17:08	11	5:33	47.9
7 (36)	3:00	14	3:00	-	20:08	13	6:07	43.6
8 (45)	2:55	9	0:56	47.1	23:03	11	7:03	44.1
9 (38)	7:32	20	7:32	-	30:35	14	9:45	46.8
10 (31)	3:03	17	3:03	-	33:38	14	10:21	44.5
11 (39)	4:30	17	4:30	-	38:08	15	11:17	42.0
12 (40)	5:23	9	1:26	36.3	43:31	14	12:43	41.3
13 (31)	3:09	12	0:56	42.1	46:40	14	13:28	40.6
14 (48)	2:32	10	0:31	25.6	49:12	14	13:57	39.6
15 (100)	2:09	13	0:45	53.6	51:21	14	14:42	40.1
Finish	0:30	10	0:09	42.9	51:51	14	14:49	40.0