



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Metze, Maik

Club: Kindelbrück
Number: 229

Course: 10.00 km
10 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:08:05

Speed: 8.81 km/h
Running performance: 6:49 min/km

Rank in course/Total: 44 (of 45)

Rank in course/Men: 30 (of 30)

Best time in course: 39:56

Rank in category: 4(of 4)

Best time in the category: 44:07