



3. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 08.09.2018

Detailed evaluation

Kayser, Sabine

Club: Bad Langensalza  
Number: 114

Course: 3.50 km  
3,5 km Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 20:19

Speed: 8.86 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 27 (of 49)  
Rank in course/Women: 10 (of 25)  
Best time in course: 15:07

Rank in category: 1(of 2)  
Best time in the category: 20:19