



3. Stadtlauf Bad Tennstedt
Bad Tennstedt / 08.09.2018

Detailed evaluation

Knoll, Martin

Club: Kyffhäuserland
Number: 237

Course: 10.00 km
10 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 40:15

Speed: 14.91 km/h
Running performance: 4:02 min/km

Rank in course/Total: 2 (of 45)

Rank in course/Men: 2 (of 30)

Best time in course: 39:56

Rank in category: 1(of 8)

Best time in the category: 40:15